



VIETNAMESE UNIFIED BUDDHIST CONGREGATION  
OF THE UNITED STATES OF AMERICA- CANADA  
THE SEVENTH DHARMA RETREAT IN NORTH AMERICA

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## RETREAT PROGRAM

### ❖ Thursday, July 20, 2017

- 03:00pm : Check-in
- 05:30pm – 06:30pm : Health Meal (*Dinner*)
- 07:00pm – 09:30pm : Opening Ceremony (*Separate Program*)
- 09:45pm – 10:15pm : Evening Bell Chant, Amitabha Recitation,  
Sitting in Meditation
- 10:30pm : Noble Silence

### ❖ Friday, July 21, 2017

- 05:00am : Wake-up Phone Calls
- 05:30am – 07:15am : Morning Bell Chant, Sitting in Meditation  
Shurangama Sutra Chant in Vietnamese  
Words of Wisdom from Venerable Master  
Walking in Meditation
- 07:15am – 07:30am : Retreat Group Photos (*outside*)
- 07:30am – 08:20am : Breakfast
- 08:30am – 10:00am : Dharma classes
- 10:15am – 11:45am : Dharma classes
- 12:00pm – 01:00pm : Formal luncheon
- 02:00pm – 03:30pm : Dharma classes
- 03:45pm – 05:15pm : Repentance (Water Repentance Sutra)
- 06:00pm – 07:15pm : Health Meal (*Dinner*)
- 07:30pm – 09:30pm : Pureland Chanting / Chanting in English
- 09:45pm – 10:15pm : Evening Bell Chant, Sitting in Meditation
- 10:30pm : Noble Silence

### ❖ Saturday, July 22, 2017

- 05:00am : Wake-up Phone Calls
- 05:30am – 07:15am : Morning Bell Chant, Sitting in Meditation  
Shurangama Sutra Chant in Vietnamese  
Words of Cultivation from Venerable Master  
Walking in Meditation
- 07:30am – 08:20am : Breakfast
- 08:30am – 10:00am : Dharma classes
- 10:15am – 11:45am : Dharma classes
- 12:00pm – 01:00pm : Formal luncheon

- 02:00pm – 03:30pm : Dharma classes
- 03:45pm – 05:15pm : Repentance (Water Repentance Sutra)
- 06:00pm – 07:15pm : Health Meal (*Dinner*)
- 07:30pm – 09:30pm : Pureland Chanting / Chanting in English
- 09:45pm – 10:15pm : Evening Bell Chant, Sitting in Meditation
- 10:30pm : Noble Silence

❖ **Sunday, July 23, 2017**

- 05:00am : Wake-up Phone Calls
- 05:30am – 07:15am : Morning Bell Chant, Sitting in Meditation  
Shurangama Sutra Chant in Vietnamese  
Words of Cultivation from Venerable Master  
Walking in Meditation
- 07:15am – 07:30am : Retreat Group Photos (*outside*)
- 07:30am – 08:20am : Breakfast
- 08:30am – 10:00am : Dharma Talk for Monastic Sangha members and  
Buddhist followers in Buddha Hall
- 10:00am – 10:15am : Break Time
- 10:30am – 11:45am : Dharma Questions and Answers for Monastic  
Sangha  
members and Buddhist followers
- 12:00pm – 01:00pm : Monastic Offering Ceremony - Formal luncheon
- 01:30pm – 03:00pm : Dharma Questions and Answers for Monastic  
Sangha  
members and Buddhist followers (*continue*)
- 03:15pm – 04:00pm : Great Offerings to Hungry Ghost
- 04:15pm – 06:45pm : Closing Ceremony (*Separate Program*)
- 07:00pm : Health Meal – Performing Music

*\*Buddhist followers can begin to check-out and go home after the closing ceremony ends.*

❖ **Monday, July 24, 2017**

- 06:00am : Wake-up Phone Calls
- 07:00am : Breakfast
- 09:00am : Check-out

On behalf of Board of Directors  
Chairman



*Nguyen Thien*  
Bhiksuni Nguyen Thien